

# Ready, Set, Kindergarten

## This Week's Theme: Persistence

### When things get frustrating...

Ask Questions! "What would you try differently?" or "What would happen if...?" -If your child seems to be getting a bit frustrated trying to complete a task, take a minute to center their emotions. Then use these phrases to help them navigate another way to complete the task with any judgement. Make sure you give them plenty of time to answer and refrain from nudging them toward an answer too quickly.

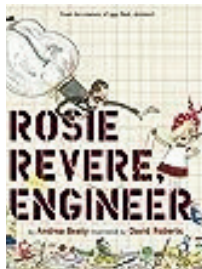
### How can I encourage my child?

- "Tell me more." -This phrase encourages your child to share their ideas with you in a safe and meaningful way. It also encourages them to unleash their creativity.
- Work together, building with bricks or blocks. Give your child time to figure out how to build their own creations. It's okay if they make mistakes! Be sure to offer encouragement and say things like "It's okay it didn't work! What can we try differently?"
- "How can we work together...?" -This phrase encourages collaboration (whether it be between yourself and your child, your child and a friend, or between multiple children). Encouraging collaboration during building activities fosters an environment to build communication skills.

### Check Out These Books



*Jabari Jumps*  
Gaia Cornwall



*Rosie Revere, Engineer*  
Andrea Beaty



*The Most Magnificent Thing*  
Ashley Spires

### Sing This Song

*(In the tune of "If You're Happy and You Know It")*

*If you make a mistake, try again  
If you make a mistake, try again  
If you make a mistake, take a breath,  
and show your strength  
If you make a mistake, try again.*



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