

Ready, Set, Kindergarten

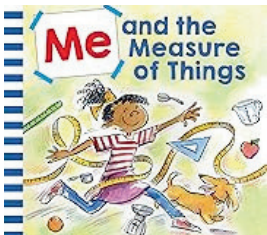
This Week's Theme: Measuring What's Big, What's Small?

Have you ever thought about how often you count, measure, estimate, and compare what you're cooking? Measuring one cup of this and 1/2 cup of that teaches your child how to compare the relationship of parts to wholes. Your kitchen is rich with fun and yummy ways your child can learn the basics. Here are some easy ways to start!

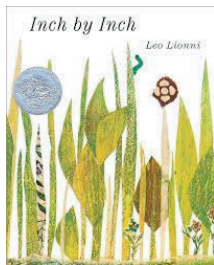
Measuring In the kitchen!

- Line up the fruits you'll use for fruit salad from smallest to largest. (Try starting with a blueberry and ending with a watermelon.)
- Have your child hold two different pieces of fruit in her hands and ask, "Which one is heavier? Which one is lighter?"
- Think about plate sizes. Ask, "Do we need big plates or small plates for this meal?"
- Put your spoons down on the table and ask, "Who has a long spoon? Who has a longer spoon? Who has the longest spoon?"

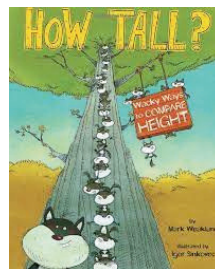
Check Out These Books



Me and the Measure of Things
Joan Sweeney



Inch by Inch
Leo Lionni



How Tall
Mark Weakland

Sing This Song

This is big, big, big (Hold arms to the side)
This is small, small, small (Cups hand together)
This is short, short, short (Hold hands with palms facing each other)
This is tall, tall, tall (Reach one hand above head)
This is fast, fast, fast (Reach one hand above head)
This is slow, slow, slow (Circle fists slowly)
This is yes, yes, yes (Nod head)
This is no, no, no (Shake head no)



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Ready, Set, Kindergarten.
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